



Dear Parents/Guardians:

In your child's class we will soon be discussing that milk comes from cows and that dairy foods are made from milk. We will also be discussing how milk promotes growth of healthy bones and teeth because it is a good source of protein, calcium and vitamins.

We have asked your child to identify who buys the milk in your home and if they know what type of milk is purchased. Help your child answer these questions. Please save caps from empty milk jugs for your child to bring to class within the next week for some craft projects. Please make sure the caps are thoroughly cleaned before sending them to the classroom.

Thank you for your help and for supporting your child with this project.

Sincerely,