

1. Which cereal has the most sugar?
2. Which cereal has the least sugar?
3. What is the first ingredient in the cereal with the most sugar?
4. What is the first ingredient in the cereal with the least sugar?
5. How many teaspoons of sugar are in one serving of the cereal with the most sugar?
(4 grams of sugar = 1 teaspoon of sugar)

In two servings?

6. How many teaspoons of sugar are in one serving of the cereal with the least sugar?

In two servings?

7. Which cereal(s) do you think is the best to eat for breakfast on most days? Why?